

# SWIMMER COMMITMENT

1. I agree to commit myself to total participation in the East Cocalico Swim Team Program.
2. I agree to do my best.
3. I agree to report my absences due to illness, trips, vacations or other conflicts.

PRINT SWIMMER'S NAME \_\_\_\_\_

SWIMMER'S SIGNATURE \_\_\_\_\_

## LIABILITY RELEASE

1. We (I) agree to waive all claims against the East Cocalico Swim Team, its officers and coaches that may arise during my child's or my children's participation.
2. We (I) agree that claim for accident, injury, loss, damage, death, or occurrence of any nature whatsoever caused in whole or in part by the act, omission, or negligence of any person's shall not be brought against the East Cocalico Swim Team, its officers or coaches.
3. We (I) agree that any financial obligations and/or liabilities that we (I) may incur shall be our (my) responsibilities and we (I) agree to indemnify and hold harmless the East Cocalico Swim Team, its officers and coaches.
4. We (I) confirm that \_\_\_\_\_ (name of swimmer) is in good physical and mental health and has no special medical, physical conditions or problems.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Emergency Contact #1 \_\_\_\_\_ Phone Number \_\_\_\_\_

Emergency Contact #2 \_\_\_\_\_ Phone Number \_\_\_\_\_